



Patchers at the Lakeshore News

www.palsquiltguild.org

March 2020

PALS Quilt Guild Meeting

March 2, 2020

6:30 pm Meeting

Fellowship Reformed Church

4200 Apple Ave. Muskegon

2020 PALS Executive Board

Chairpersons**

Jami Harwood & LouAnn Mrotz

Co-Chairpersons**

Unfilled

Secretary**

Su Palmer

Treasurer**

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Asst. Treasurer

Connie Pluger

Media**

Deb Taylor

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Vicki Gale

Committees

Marketing

Marilyn Anderson

Membership

LuAnne Sloop & Niki Studabaker

Historian

Joy Lamphere

Donation & QOV Quilts

Cindy Vogel, Sallie Lawrence

Cathy Baker

Library

Barb Reynolds

Bee Keeper

Margarete Fochtman

Lighthouse Liaison

Unfilled

Quilt Show

Ann Caris, Sue Fiori & Terry Maleski

From Your Chairs – Jami Harwood & LouAnn Mrotz

What inspired you to start quilting? Maybe it wasn't WHAT, but WHO???

My maternal grandmother had 7 sisters and 1 brother. The sisters used to get together and make quilts. I'm not sure if they were hand or machine pieced, but together, they hand-quilted them. My grandmother had exceptional sewing skills, which she passed on to my mother. My grandparents moved to California when I was 3 or 4 years old. My mother had a 4-H leader teach my sister and I how to sew when I was maybe 11 or 12. I sewed clothes for many years until my kids and life got busier. My sister-in-law in Texas started quilting and I became interested. She gave me a few suggestions, one being to find someone experienced in my area to teach me. I found Pat Race in Grand Haven and took a class from her. I didn't know anyone else who was quilting and didn't know anything about guilds either. I think that was around 2002.

Fast forward 10 years to 2012... Rae Simerick was doing a little quilting and wanting to learn more. She decided that LouAnn and I needed to learn with her. We went to AQS in Grand Rapids, found a pattern and I bought fabric there to make a queen-size quilt! Rae inquired about classes at Joann's, and the instructor agreed to have a class with the 3 of us and teach us the pattern we had bought. We learned a lot of the basic things we needed to know, and all completed our quilts and then we joined PALS.... and caught the quilting bug!

Tell us YOUR story, we love to hear these, and learn more about each of you.

Happy Quilting!

Jami

Next Board Meeting

March 30, 2020 6:30 PM

Next Newsletter Deadline

March 10, 2020

quilterscafe278@yahoo.com

Meeting Cancellation Information

In case of inclement weather, notifications will be sent to WZZM-TV and WOOD-TV stations. If at all possible, an email blast will be sent to members who receive their newsletters via email.

Resources

Vicki Gale

March

Please welcome our vendor for this month, Abby Jansen from Savasana Quilts in Grand Rapids. She will have 3 tables of goodies for us to purchase.

We will continue taking sign-ups for the Flurry quilt block swap. You have the choice of doing a smaller, 4-block wall hanging or table runner or the full 16-block quilt.

You can find the FREE pattern at www.unitednotions.com/fp_flurry.pdf or pick one up when you sign up.

PLEASE NOTE: this pattern uses a panel for the cornerstones. You will need to figure out which fabrics you want in your 4 corners. You will have enough for the 2-1/2" sashing cornerstones from our swapping. The pattern also gives cutting requirements for 16 different blocks and those included with this newsletter are for using the same fabric for all 16 blocks.

There are also instructions available for 4-block wall hanging or table runner.

Plan on bringing your first and your most recent quilt you've finished or are working on. Board members will be sharing theirs also. This should be a fun night to see many beautiful quilts made by your fellow quilt members and hear some inspiring stories.

Saturday, March 21, National Quilting Day

Let's sew together on National Quilting Day! Come and join other guild members for a sewing day to work on one of your unfinished projects. Bring your sewing machine and gather up one of your current UFO's (unfinished object). Let's sew all day and move a quilt top or project to completion.

Date: Saturday, March 21

Place: Fellowship Reformed Church, 4200 Apple Ave.

Time: 9:00 am – 4:00 pm

FREE to guild members; lunch on your own. You are welcome to bring a snack to share.

Contact Su Palmer, 231-740-7104, for additional information or to sign up. You may also sign up at our March guild meeting!

April

Jill from Quilted Memories will be hosting Penny Haren, a representative from Creative Grids. Penny will be teaching techniques utilizing 13 various rulers. Classes will be on Sunday, April 5, 2020 and Monday, April 6, 2020. There will be two sessions daily – one from 8:30 am to 11:30 am and the other from Noon to 3:30 pm. Each class has a fee of \$25.00 which includes fabric kit. You will be able to sign up at our March meeting.

May

Lynn Carson Harris

Lynn Carson Harris Lynn lives in Michigan where she creates art, raises chickens, and grows vegetables. Both of Lynn's parents grew up on farms and, like the little red hen in the children's story, she was taught to do things from scratch and to never let anything go to waste. Her thrifty upbringing led her to her current style of working with scraps and the desire to use "every last piece." Her quilts have been juried into international shows and gallery exhibits and her work is in private collections around the world. She is the author of Every Last Piece and has also been published in numerous books and magazines. Classes will be "Tiny Piecing" and "Liberated Log Cabins". Sign-ups will continue at our March meeting.

Donation Quilts

It was so wonderful to have so many of you come out to our Jellyroll Night at the February meeting! That really was fun to share together quilting techniques and fabric. It was fun to swap fabric.

Thank you to our presenters, Kathy Preston and Robin Greve, for sharing with us. Thank you to Nancy Boxer and Karen Durgan for the fun game. Thank you to everyone who made a yummy dessert.

The quilt in the photo was made by Sue Lohr from her strips. At the March meeting we will have patterns available, and batting cut for those who need it.

Cindy Vogel & Sallie Lawrence



Membership

LuAnne Sloop & Niki Studabaker

Our February meeting saw 75 regular members and 3 new members joined us. Please welcome Dar Osborn, Cheryl Nicholson and Jen Eddy. We also had 3 visitors and 6 renewals.

Bee-Keeper

Margarete Fochtman

I have contacted a member of each Bee; asking that members of their group share a quilt or two at our March Meeting!! As a newish member I am looking forward to seeing what others have accomplished. BRING 'EM ON!!! Bee Calm and Quilt On!!! Margarete Fochtman 616-842-1387 gretestuff@yahoo.com

Quilts of Valor

Cathy Baker

We have a new block drive for the new year! The 2020 block for Quilts of Valor will be the Variable Star by Robin Greve. Stop by our table to pick up a copy of the directions. We will collect the finished blocks throughout the year and put them into a quilt next fall.

We are planning to present the quilts made by our guild members to QOV at the July 2020 general meeting. Our goal is 20 quilts. We've made good progress so far, so thank you for your participation. We will have more kits that you can take and piece. Also, let us know if you want to quilt or if you want to bind and label. Please consider helping in this effort. We want to make sure any veteran touched by war can receive a quilt to honor their service and sacrifice.

Threads of Friendship Quilt Show

Ann Caris, Sue Fiori, and Terry Maleski

It's time to figure out which of your finished quilts or future-planned quilts you may want to enter in the 2021 Threads of Friendship Quilt Show! We had several PALS members sign up to head committees and we'll be ready to add volunteers soon for the many jobs that need filling between now and then, plus the days of the show in May 2021. This is our guild's biggest fundraiser and we can't do it without you!



Recipe submitted by Joy Lamphere (made for February meeting)

White Chocolate Cheesecake Mousse

Low Carb/Sugar Free

Ingredients:

- 1 cup + ¼ cup Heavy Whipping Cream, divided
- 1/3 cup powdered sugar substitute (Swerve Recommended), divided
- 1 ½ tsp vanilla extract, divided
- 8 oz Cream cheese, softened
- 1 oz cocoa butter, melted and cooled

Instructions:

- Beat 1 cup of the HWC with 3 TBL of the sweetener and ½ tsp vanilla extract until it reaches stiff peaks stage, set aside
- In another bowl, beat the cream cheese with the remaining sweetener and vanilla extract until smooth. Add in the melted cocoa butter and beat again until smooth. Mixture will be thick.
- Add the remaining HWC to the cream cheese mixture and beat until combined. If the mixture is still very stiff, add another TBL of HWC.
- Fold the Whipped Cream into the cream cheese mixture until well combined. Spoon or pipe into dessert cups.
- Top with Chia Raspberry Jam or other desired topping

Chia Raspberry Jam

Ingredients:

- 1 ½ cups fresh or frozen raspberries
- 3 TBL sugar substitute (Swerve) adjust to taste
- 1 TBL water
- 1 TBL Chia Seeds
- ½ tsp vanilla extract

Instructions

- Add raspberries, sweetener and water into a small saucepan
- Bring mixture to a boil and then reduce heat to simmer
- Stir in chia seeds and simmer for about 15 minutes until thickened, stirring occasionally
- Remove from heat and add vanilla
- Allow to cool. Store in covered container in the refrigerator.

“Flurry” by Kate Spain - Fabric Requirements

Quilt is 55" x 65" These requirements are for 16 blocks to swap.

Quilt Fabric Requirements

Gifts & Pieced Border:

1-3/4 yards

Ribbon:

3/4 yard

Background:

2-1/4 yards of white on white fabric

No off-whites or creams

Binding:

5/8 yard

Backing:

4 yards

Quilt Fabric Cutting

Gifts & Pieced Border:

8 – 4" x WOF strips(**Width Of Fabric**)

subcut 32 – 4" x 8-1/2"

8 – 2- 1/2" x WOF strips

subcut 128 - 2-1/2" x 2-1/2"

Ribbon:

3 – 2-12" x WOF strips

Subcut 48 – 2-1/2" x 2-1/2"

4 – 1-1/2" x WOF strips

Subcut 16 – 1-1/2" x 8-1/2"

Background:

18 – 2-1/2" x WOF strips

Subcut 3 – 2-1/2" x 42-1/2"

20 – 2-1/2" x 10-1/2"

12 – 2-1/2" x 8-1/2"

16 – 2-1/2" x 4-1/2"

40 – 2-1/2" x 2-1/2"

15 – 2" x WOF strips

Set aside 11 strips

Subcut 4 – 2" x 42-1/2"

Binding: 7 – 2-1/2" x WOF strips

This pattern calls for “One Flurry Panel.”

I’m sure this is no longer available. This is

Step 1 (A) in the pattern. You will need to decide

which fabric(s) you want to use in the four corners.

For 1(B) and 1(C) in the pattern, you will use the

2-1/2" squares of swapped ribbon fabrics.

For **each** block you swap, you must also include 8 – 2-1/2" x 2-1/2" squares of your *gifts fabric* to be used in the pieced border. Also include 1 – 2-1/2" x 2-1/2" square of your *ribbon fabric* for **each** block you swap. You will receive 16 of these back, but will only need 9 for the sashing cornerstones.



Our Vendor For March



2211 E Beltline Ave NE,
Suite F2
Grand Rapids, MI 49525

Regular Business Hours

Monday - Friday 10am-5:30pm

Saturday 10am-4pm

Sunday 12pm-5pm

*Elegant
Stitches*

*Longarm Quilting
Statler Stitche*

Darla Parks
13548 Greenbriar Dr.
Grand Haven, MI 49417
(616) 607-8122

ElegantStitchesLongarmQuilting@yahoo.com
www.elegantstitchesmi.com
Sales representative for
Gammill Quilting Systems



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Abbi May's Fabric Shop



1500 Whitehall Rd., Ste A, Muskegon MI 49445
Hours: Monday-Saturday 10am-5pm-Closed Sunday
Email: Linda@abbimays.com/Phone: 231-563.6861

Come Sew With Us

Upcoming Shows & Events for 2020



•Home & Garden Show - Grand Rapids, March 5 - 8

•Home & Garden Show - Lansing, March 12 - 15

•Anita Goodesign Event - Grand Rapids, May 15, 16
- more information coming soon

•Kids Camp - All Locations - June, July, August
Kids learn how to sew in a week. All materials are included PLUS the brand new sewing machine they used in class. Class schedules will soon be online.



We hope you can join us for these upcoming special events.
We love being able to share these experiences with you.



Grand Rapids
3150 Plainfield
(Plainfield Plaza)
616-363-1911

Toll Free 888-363-1911

Muskegon
1910 Apple Ave
(Quarter Apple Mall)
231-773-8494

www.gallsewingvac.com

Lansing
444 Frander
(Frander Mall)
517-333-0500



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Sewing Cabinet and Sewing Station Showcase Night

Please join us for an evening devoted to sewing furniture and sewing stations.

Choose from a great selection of models from many manufacturers: Horn, Kangaroo, Arrow, Unique, Koala, and Tailormade.

Whether you're thinking about a simple sewing table or sewing room showcase, this is a night devoted to furniture to make your sewing better.

Muskegon - 3/17, 5-9 PM

Wyoming - 3/19, 5-9 PM



Discount for Guild Members

Show us this ad and receive 15% off your total purchase of regularly priced items.

Offer not applicable to classes.

PALS March 2020